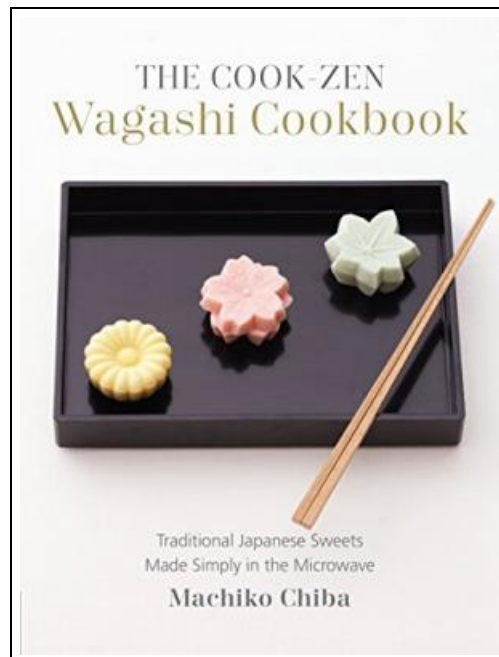


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THE COOK-ZEN WAGASHI COOKBOOK: TRADITIONAL JAPANESE SWEETS MADE SIMPLY IN THE MICROWAVE (PAPERBACK)



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Lake Isle Press, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. From Cherry Blossom Rice Cakes to Mochi Dusted with Green Soy-bean Flour, home cooks will be transported by the recipes in Machiko Chiba s latest cookbook devoted to Japanese sweets known as wagashi. Traditionally served as part of the tea ceremony, wagashi are finding a place in contemporary cuisines as light, beautifully crafted, elegant desserts. Intrigued by this art form that dates back centuries, chef Machiko researched traditional recipes, studying the techniques of Japan s wagashi masters to translate their methods for modern audiences. Now, with her easy-to-follow instructions and the patented Cook-Zen microwave pot, anyone can make wagashi in minutes. Made with various rice flours, wagashi are gluten free, and low in sugar. Inspired by nature s beauty and the unique qualities of each season, wagashi reflect the natural world in color and form. In addition to the Cook-Zen, Machiko has custom designed chrysanthemum-, maple leaf-, and cherry blossom-shaped molds, among other more contemporary designs, that will charm your guests. Following the success of her previous books, The Cook-Zen Cookbook and The Cook-Zen Way to Eat, The Cook-Zen Wagashi Cookbook is a welcome invitation to explore the sweet side of Japan s rich culinary history.

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