



## Mealtime (Paperback)

By Elizabeth Verdick

Free Spirit Publishing Inc., U.S., United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. Mealtime-- Yummy-in-the-tummy time --is an opportunity to teach young children two major life skills: nutrition and table manners. Simple but important mealtime routines come to life as the toddlers in this book remember to wash their hands, use a napkin and fork or spoon, stay at the table, and eat healthy foods. Toddlers also learn the one big rule for mealtime: Always try one bite ( You just might like it! ). Parents and caregivers want toddlers to develop healthy eating habits and positive mealtime routines. This book helps them do so with Verdick s keen ability to speak directly to little ones and Heinen s delightful, appealing illustrations. Includes tips for parents and caregivers. Part of the award-winning Toddler Tools series.



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