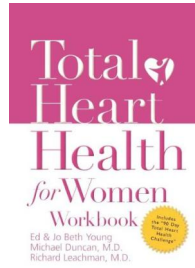


## Total Heart Health for Women Workbook



### Book Review

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**(Toni Bechtelar)**

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