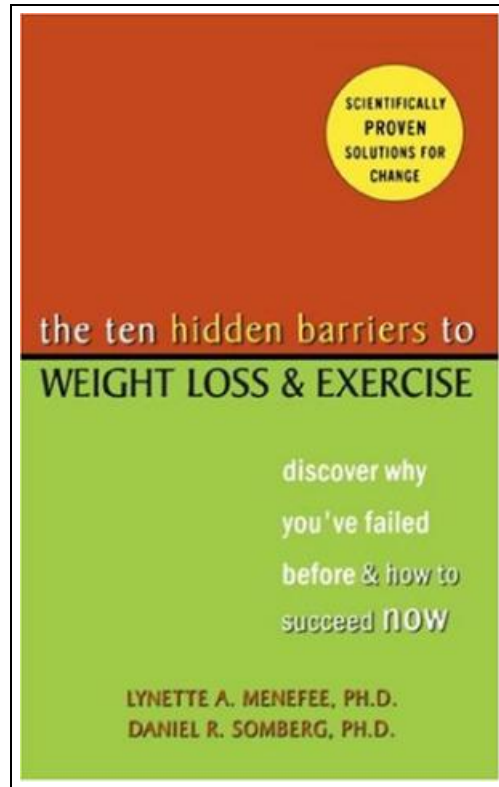


The Ten Hidden Barriers to Weight Loss and Exercise



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