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## The Best Things in Life: A Guide to What Really Matters

By Thomas Hurka

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, The Best Things in Life: A Guide to What Really Matters, Thomas Hurka, For centuries, philosophers, theologians, moralists, and ordinary people have asked: How should we live? What makes for a good life? In The Best Things in Life, distinguished philosopher Thomas Hurka takes a fresh look at these perennial questions as they arise for us now in the 21st century. Should we value family over career? How do we balance self-interest and serving others? What activities bring us the most joy? While religion, literature, popular psychology, and everyday wisdom all grapple with these questions, philosophy more than anything else uses the tools of reason to make important distinctions, cut away irrelevancies, and distill these issues down to their essentials. Hurka argues that if we are to live a good life, one thing we need to know is which activities and experiences will most likely lead us to happiness and which will keep us from it, while also reminding us that happiness isn't the only thing that makes life good. Hurka explores many topics: four types of good feeling (and the limits of good feeling); how we can improve our...



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