

A - Z of Hoarding: The 7 Reasons People Hoard (Paperback)



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Reviews

Basically no terms to clarify. It can be written in basic terms instead of difficult to understand. I am easily could get a enjoyment of reading through a composed publication.

(Dr. Hazel Ziemann IV)

A-Z OF HOARDING: THE 7 REASONS PEOPLE HOARD (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. How can a non-hoarder write a book about hoarding? That is easy. I was raised by one, I was married to one, and I served as landlord to many more hoarders. My life has been a tug-of-war of emotions dealing with being criticized, compared to, and punished by my dad for mom s extreme hoarding, and the pain and work it causes everyone involved. Through the journey, I have come to accept the humanity of the hoarder who is buried, cocooned, and insulated by their stuff. I hope my insights will help with whatever journey you are undergoing with your loved ones, even if their hoarding has left no room in their life for you right now. Please don t take it personally, but read the seven reasons I have finally concluded that these individuals choose their mountains of belongings over us. Wishing you health and peace on your journey that you are undertaking, whether it be understanding, compassion, physically shoveling out the garbage, or ultimately accepting the world of hoarding your loved one has now put in front of you. Wishing you the best- Laura Cochran, author A-Z of Hoarding the 7 reasons people hoard Table of Contents: A-Z of Hoarding Introduction Chapter 1: Seven Categories of Hoarders: And Why We Stare Chapter 2: Emotional Hoarding -the elderly hoarder -the empty-nester -the widow, the widower -those who hoard because of emotional attachment to the item -those who hoard because of deceased loved one -filling the void left by children leaving, by someone leaving them, by someone dying -feeling unlovable -hoarding because a loved one touched this item -a loved one might need this item Chapter 3: Need-Based Hoarding...



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