



Psychological Perspectives on Stress and Health

By Girishwar Misra (Ed.)

Concept Publishing Company (P) Ltd., 1999. Hardcover. Book Condition: New. This volume brings into focus the critical issues in theory and Research in the psychological Study of stress and health. In particular, it emphasizes the role of diverse socio-cultural factors in conceptualizing and analyzing stress and Health related constructs and processes. Also it tries to locate stress and health phenomena at different levels and diverse domains of human functioning. The contributors are active researchers in the field of health and have addressed a wide range of issues including quality of life, social support and its Relationship with stress, social Psychology of health behaviour, perceived control and coping, stresses of working Women and School going children, coping with chronic illness, Environmental stress, mediators of stress and conceptual and methodological issues in stress-health research. By offering a broad ranging and clear exposition to the field of stress and health which guides the reader through the diverse strands of the field, the present volume articulates the research and practice in a comprehensive fashion. Contents: Preface Contributors Introduction : Concerns in the Study of Stress and Health/Girishwar Misra and Suneet Varma 1. Illness and Well-being in relation to Stress, Personality and Culture/M.N. Palsane and...

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