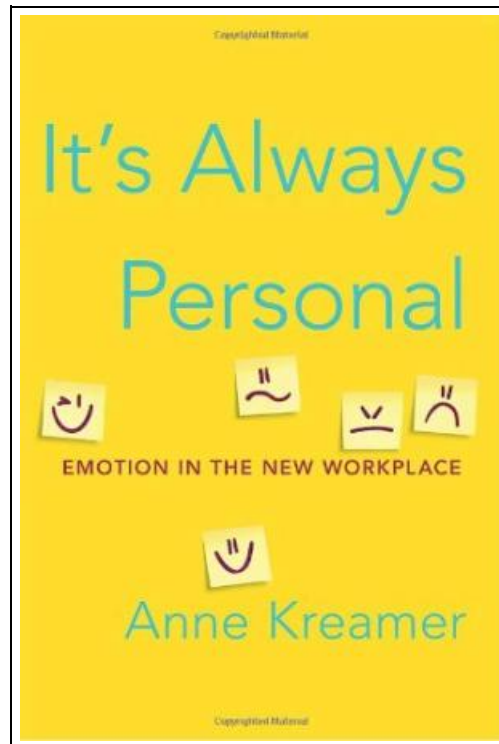


It's Always Personal: Navigating Emotion in the New Workplace



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Reviews

This ebook can be worthy of a go through, and a lot better than other. Better than never, though i am quite late in start reading this one. Its been printed in an exceedingly easy way which is just soon after i finished reading this book where basically modified me, affect the way i really believe.




(Seth Fritsch)

IT'S ALWAYS PERSONAL: NAVIGATING EMOTION IN THE NEW WORKPLACE



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Random House, 2011. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Praise for *It's Always Personal*: "Throughout this heartfelt book, Ms. Kreamer comes down on the side of accepting and expressing one's authentic feelings, though in sensible and constructive ways. "*It's Always Personal*" argues that greater emotional openness could lend vitality to American business, and it urges both men and women to 'bring their full, true selves to the game.' It's a stimulating read bolstered by snippets of some of the best recent work on emotional intelligence and the science of happiness." -Clare McHugh, *The Wall Street Journal* "*It's Always Personal* will transform the way you look at office culture and work relationships. In an insightful analysis packed with research, evidence, and real-life examples, Kreamer demonstrates why emotion matters so much in the workplace--and, with practical advice, she identifies ways to be happier and more effective at work." --Gretchen Rubin, #1 New York Times bestselling author of *The Happiness Project* "This will be one of the most fascinating and useful books you'll ever read. In this groundbreaking study, Anne Kreamer looks at emotion in the workplace through first-hand experiences, scientific research, and empirical data. What's the role of anger, fear empathy, anxiety and tears? This book explains them in ways that will make you a better worker, boss and human being." --Walter Isaacson, President and CEO, The Aspen Institute and former CEO of CNN "*It's Always Personal* made me want to stand up and cheer! I love this book. And every person who has ever been a boss or an employee needs to read it. Superb reading and highly practical!" --Christiane Northrup, M.D., New York Times bestselling author of *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause* "A magnificent book, deeply researched, fun..."

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