



## The Geometry of Yoga: Workbook (Paperback)

By M Schottenbauer

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Large Print. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Now You Can Practice Geometry in Style with Blue Dude! Yoga is a geometrically elaborate form of exercise! In this colorful workbook, students of math and yoga can practice measuring the angles found in popular yoga poses, as demonstrated by the cartoon character Blue Dude. Blue Dude is color-coded for easy right-left identification: red for right, and lilac/lavender for left!



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