



## Mandala: The Coloring Book 2: Mandala Adult Coloring Book

By Lisa Ott

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This Mandala Coloring Book for Grown-Ups will help you find your inner calm and creativity every day. Each unique design will draw your eye inward allowing you to fully relax your mind as you express yourself through these beautifully complex illustrations. This is a great way to ground yourself in the present moment and to stop worrying. Your mind gets occupied with this calmness and as problems cross your mind, you are in a better state to solve them.



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