



## Developing Reflective Practice: A Guide for Students and Practitioners of Health and Social Care (Oxon ed)

By Natus Oelofsen

Lantern Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Developing Reflective Practice: A Guide for Students and Practitioners of Health and Social Care (Oxon ed), Natus Oelofsen, From Reviews: ".In this book the clinical psychologist Natus Oelofsen describes the processes of learning and the three-step reflective cycle, explaining how keeping a reflective journal offers insights into self and behaviour, and using critical analysis to reflect on even ordinary, everyday incidents. He shows how the insights of understanding help our interactions with patients and colleagues. Reflection helps us work together, offer support and see where we are able to fit in as team members. The chapter 'All for one and one for all: building supportive teams' is particularly illuminating. There is so much in this book, including getting the most from supervision, ethical issues and dealing with work-based stress, as well as exercises, activities and case examples." Nursing Standard, Vol. 26, No. 48, August 2012 "Developing Reflective Practice is a thorough and concise book enabling students, qualified nurses and any other health professional to become confident reflective practitioners within their own field. A well-written and educational tool particularly for a nursing student and even a social work student." Nursing Times, 11 October...



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