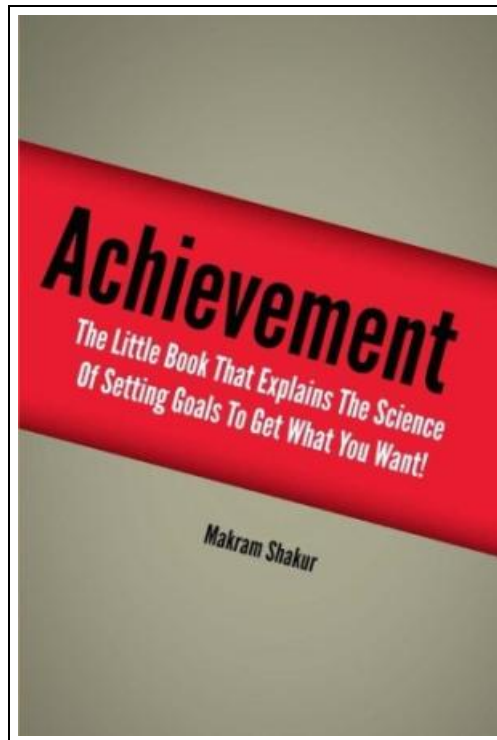


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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Science Of Achievement Made Simple The ones who want to achieve and win championships motivate themselves - Mike Ditka We are all born with an innate need to better ourselves and to achieve. Why is it then that so few of us manage to do it? The answer is due to the fact the so few of us set goals. Studies have shown that only 3 of the population sets goals for themselves and only 1 regularly checks them. And who makes up the ranks of that 1 ? Some of the greatest achievers the world has ever seen. My name is Makram Shakur and I immigrated to America from Iran many years ago. I have always been thankful for this but my first few years in my new land were difficult. This is how I learned the absolutely necessary process of setting little goals for myself and achieving them. There are so many books out there on this subject but most of them are so long and complicated. Often I would get to the end of a book and I honestly wouldn't know where to start. This is why I developed my own simple 5-step process to setting goals and achieving them. It is this process I share with you in my book. Here are some of the highlights of what I learned and what I share with you: Learning how to define success How to view failure (it can be seen in a positive way) How to work on the little things to make big things happen How to take an accurate snapshot of where you are How you can achieve what you want...



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