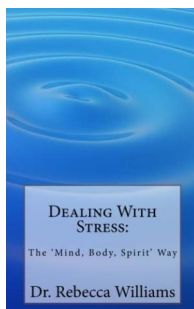


Dealing with Stress The Mind, Body, Spirit Way



Book Review

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(Norma Dooley)

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