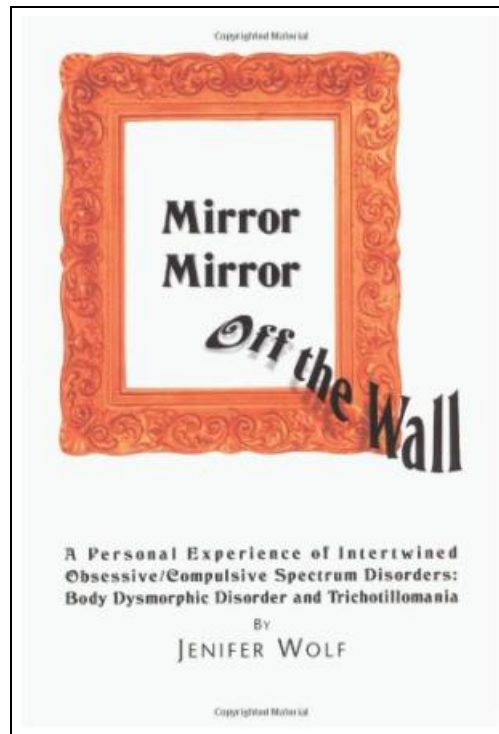


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iUniverse. Paperback. Condition: New. 160 pages. Dimensions: 8.8in. x 6.0in. x 0.6in. A personal account of how knowledge combined with pharmaceuticals can ameliorate the symptoms of obsessivecompulsive spectrum disorders. Mirror, Mirror Off the Wall is a sensitive, powerful exploration of ObsessiveCompulsive Spectrum Disorders by a talented writer. Author Jenifer Wolf shares her own intimate experiences and her in-depth research into the subject. She quotes from her diary and describes her own struggles and discoveries. The book is full of important information and interesting anecdotes about people suffering from these disorders. It is a book of hope, pointing out the many therapies, support groups and various organizations available. Mirror, Mirror Off The Wall can help readers understand and cope with all types of mental and emotional problems. It is a well-written experiential book. -Maryanne Raphael, Author Of Along Came A Spider: A Personal Look At Madness This book provides a provocative look at one womans experience living with, and coming to terms with, a body focused behavior that is complex and little understood. -Christina Dubowsky Pearson, Executive Director of the Trichotillomania Learning Center, Inc. , Santa Cruz, CA. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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